1. Do you agree or disagree with the following statement? It is important for families to regularly eat meals together. Use reasons and examples to support your position.

The family is the most important <u>institution matter</u> in life. As it has been stated, "a happy family is but an earlier heaven". Most people believe that they should spend time together as far as they can enjoy life. In my opinion, it is critical for them to have meals with each other. I take this view on account of the following reasons.

To begin with, it can help the family members to solve their problem and lead them to the success. That's why being with each other is very so crucial. The offspring, especially the younger ones could discuss their own issues and problems and their parents can help them or give them some good advice. As the amatter of fact, they can support each other and learn that if one of the family members is in a challenging situation, the others should help him and bring success to his life. Ever since I was a kid, I used to have a problem which was that I cannot couldnot get up early in the morning. Thus, my dad said if you want to solve your problem, you should sleep earlier and try to set the alarm up for many different times. After a while, I did what's my father had said and I could would be able to do what I could not cannot to do in former times.

Furthermore, not only do they learn how to respect each other, but also they could <u>teach learn</u> from others, especially the juvenile ones. If they have lunch in cooperation regularly, they can learn how to improve their gregarious skills from their parents. As such, they learn how to admire the others one and well organized themselves in the same circumstances or in front of others. So, as far as I am personally <u>concerned</u>, being together as the nearest and dearest is the most vital issue in the world.

Last but not least, being thankful to God, they can bring joy to their lives. There are many people who do not have enough money to buy their basic /substantially needs like food. Hence, it's quite important to remember and be thankful for everything which God shares and gives us. It's a positive side of being together, so

the members of the family can thank God and always remember that everything they have <u>should be</u> considered a <u>blessing</u> (gift from <u>the</u> God).

In a word, if you want to become a successful person in your life, you have to start it with your family. Being together for eating <u>meals</u> is one of the ways to improve your behavior in your life.